



Academy of Sport COVID-19 Protocols for Sports Teams

General Recommendations

1. Any person who is displaying flu-like symptoms should not attend any training session or match and must communicate this to the UWI representative in charge of the team in question.
2. Any person who is sick or displaying symptoms while at a training session or match should be isolated immediately and it should be reported on the COVID-19 24-hour hotline (546-4500 or 546-4800)
3. All individuals, especially those persons who are considered to be high risk (over age 65 or with pre-existing conditions), are encouraged to take extra precautions by avoiding human to human contact, wearing a mask and maintaining a physical distance of at least 2 meters from the nearest person.

Protocols

1. Any individual attending training or a match at the University of the West Indies' (UWI) facilities must have their temperatures checked by a member of Campus Security or any security officer on duty from a private security firm prior to entry. Any individual with a temperature of above 99.5 degrees Fahrenheit or 37.5 degrees Celsius will be denied entry and are advised to consult with their personal healthcare professional or contact the COVID-19 hotline.
2. All individuals entering sporting facilities at the Usain Bolt Sports Complex and on the UWI main campus must complete a register of information, which will record their name, address, contact number.
3. Face masks must be worn by all persons entering the facility/campus
4. Wherever possible, individuals should arrive at the facility dressed and ready to commence their scheduled activity
5. There must be no sharing of water bottles, towels, clothing or snacks.
6. Avoid touching of the mouth, eyes and nose, whether on or off the field.

7. Avoid any unnecessary physical contact (handshakes, hugs, huddles, etc.)
8. Physical distancing of 2m (6 ft.) must be maintained when not engaged in training exercises or match play. This is inclusive of sitting on benches, in the dugout or while on the sidelines.
9. All equipment in use for training and match play (sporting apparatus, mats, etc.) must be sanitized by the player or coach who owns it, before and after usage.
10. The use of showers and locker rooms should be avoided as much as possible. However, if their usage is absolutely necessary then there is to be no sharing of soaps nor shampoos.
11. With regards to training sessions, the maximum number of individuals allocated to a coach will be limited to five.
12. Persons must leave the facility as soon as possible after the completing of their training session or match. Persons should not congregate after events/sessions.
13. Individuals should wash their hands for a minimum of twenty seconds.
14. Wash and wipe hands properly with disposable paper towels.

Venue

1. All facilities must be outfitted with facilities for hand washing (e.g. liquid hand soap and running water).
2. Hand sanitizer dispensers must be installed, with the hand sanitizer possessing an alcohol content of at least 70%.
3. Toilets must be in perfect working order and equipped with toilet paper at all times.
4. Washrooms must be equipped with a paper towel holder and paper towels.
5. A lined garbage bin must be in place for reception of used paper towels.
6. Avoid holding toilet doors and handles with hands. If possible, use tissue, elbows or the side of your body to open doors.