

BSc Sport Coaching

YEAR 1: Semester I	Credits	YEAR 1: Semester II	Credits
SOCI1000 Introduction to Sociology	3	MGMT1001 Introduction to Management	3
FOUN1006 Exposition for Academic Purposes OR FOUN1008 Introduction to Professional Writing	3	SPKN1104 Introduction to Sport and Exercise Psychology OR PSYC1008 Introduction to Sport Psychology	3
FOUN 1101 Caribbean Civilization OR FOUN 1201 Science, Medicine and Technology	3	MGMT1000 Introduction to Computers	3
SPSC1000 Introduction to Human Physiology	3	SPCH1015 Fundamentals of Sport Coaching	3
ECON1003 Math for Social Sciences	3	ECON1005 Introduction to Statistics	3
Total Credits	15	Total Credits	15
YEAR 2: Semester I	Credits	YEAR 2: Semester II	Credits
SPSC2025 Sport Law	3	SPSC2030 Ethics in Sport	3
SPCH2006 Coaching Principles	3	SPSC2010 Exercise Physiology	3
SPSC2000 Functional Anatomy	3	SPSC2005 Introduction to Biomechanics	3
SPSC2015 Sport Nutrition	3	SPCH2007 Coaching for Special Populations	3
SPSC2020 Sociology of Sport	3	SPCH2040 Coaching Practicum 1	3
Total Credits	15	Total Credits	15
YEAR 3: Semester I	Credits	YEAR 3: Semester II	Credits
SPCH3040 Sport as a Profession	3	SPCH3042 Coaching Decision Training	3

SPCH3041 Coaching Planning and Periodization	3	SPCH3045 Coaching Certification (Sport Specific)	3
SPSC3001 Biomechanical Analysis of Human Movement	3	Elective Students may choose any course outside of the programme as an elective	3
SPSC3011 Strength and Conditioning	3	SPCH3001 Research Methods in Sport Coaching OR SOCI 2006 Qualitative Research Methods	3
SPCH3050 Coaching Practicum 2	3	SPCH3060 Coaching Practicum 3	3
Total Credits	15	Total Credits	15
PROGRAMME CREDITS		TOTAL	90