

Something to Think About

The University of the West Indies
Cave Hill Campus

The Office of Student Services

Vision and Fortitude

What is your reason for attending university?

Will you dare make a difference within the society?

With visionary eyes, behold a sick world,
Stand with fortitude when evil darts are hurled

There is a task for you to fulfil,
What is your vision, are you searching still?
Examine your communities, what do you see?
Look, there is no time for complacency!

The best of your talents will you give?
With negative thinking, no longer live!
What is your vision? May your dreams come true,
Vision and Fortitude be sure to pursue

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CONTACT:

The Office of Student Services
The University of the West Indies
Cave Hill Campus

[http://www.cavehill.uwi.edu/
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What is Vision and Fortitude?

The Vision and Fortitude programme is the brainchild of the Principal of The University of the West Indies, Cave Hill Campus, Professor Sir Hilary Beckles and was initiated in September 2006 as a means of enhancing the holistic approach to education.

“Creative Minds” Outreach Programme to Schools



It focuses on student empowerment and its overall aim is to help students develop life skills to facilitate their personal success. This programme seeks to administer to the mental, emotional and spiritual needs of students and to reach out to the wider community.

How Does the Programme Help Students?

It is intended to help students begin to explore their value system, personal resourcefulness and to examine how these values either facilitate or militate against their success. Vision and Fortitude is also intended to help students develop more functional ways of creating personal success and taking personal responsibility for their growth and development.

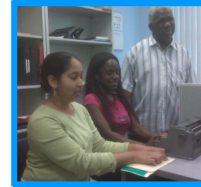
Community Outreach



The programme helps students to explore:

- ◆ One’s Purpose in Life
- ◆ Civic Responsibility
- ◆ Perseverance and Success
- ◆ Resiliency
- ◆ Vision and Fortitude
- ◆ Integrity
- ◆ Service

Braille Class



Students will be encouraged to express their thoughts and feelings through open discussions and the arts; such as poetry, music and other art forms. They will also have the opportunity to learn Braille and to develop unity within diversity.

Benefits to Students

Students will begin to:

- ◆ Reflect on and explore their purpose in life
- ◆ Cultivate a sense of civic responsibility
- ◆ Better understand ways in which they could take responsibility for their own success
- ◆ Cultivate a mind set of success
- ◆ Tap into their personal resourcefulness
- ◆ Appreciate, build and maintain their resiliency
- ◆ Embrace and proactively meet personal challenges
- ◆ Develop a mindset of perseverance in time of adversity

“Conscious Vibrations” On Campus Workshop

