



6th Annual SLMDA/UWI Conference

THEME:
**“Clinico-Pathological Conference
Evidence-Based Guidelines
for Common Pathologies”**

**A Continuing Medical Education Conference hosted by the
St. Lucia Medical & Dental Association in collaboration with the
University of the West Indies, Faculty of Medical Sciences, Barbados**

**Bay Gardens Hotel Conference Room, Rodney Bay, St. Lucia
SATURDAY 25th & SUNDAY 26th SEPTEMBER, 2010**

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The St. Lucia Medical and Dental Association and The University of the West Indies, Faculty of Medical Sciences wish to thank our Sponsors for their valued support:

- **Carlisle Laboratories**
- **Sanofi Aventis**

CREDIT HOURS

This Conference has been approved for eight (8) CME hours by the Caribbean College of Family Physicians

PROGRAMME

Saturday September 25th 2010

Moderator: Dr Debra Louisy-Charles

- 12 00 pm **Registration**
- 1:00 pm **Welcome Remarks:** *Dr Tanya Destang-Beaubrun*
- 1:05 pm **A Case of Dizziness - Nasopharyngeal Carcinoma**
Clinical Discussant: *Dr Leonard Surage ENT Specialist*
Internist: *Dr Chris Nathaniel*
Pathologist: *Dr Stephen King*
- 2:00 pm **"Too Much, Too Little, But Not Too Late..."**
Clinical Discussant: *Dr Michele Lashley, PAEDIATRICIAN*
Internist: *Dr Martin Didier*
- 3:00 pm **COFFEE BREAK**
- 3:15 pm **Viral Encephalitis?**
Clinical Discussant: *Dr Maisha Emmanuel, Psychiatrist*
- 4:15 pm **Why Amputate? A Look At Guidelines In Cardio-Vascular Disease**
Clinical Discussant: *Dr Charles Greenidge, General Surgeon*

Sunday September 26th 2010

Moderator: Dr Christopher Beaubrun

- 10:00 am **All Miscarriages Are Not Created Equally**
Clinical Discussant: *Dr Christine Parris OBGYN*
Oncologist: *Dr Owen Gabriel*
Pathologist: *Dr Stephen King*
- 11:00 am **To Be Or Not To Be....Recurrent Malignancy Or Second Primary?**
Clinical Discussant: *Dr Owen Gabriel Oncologist*
General Surgeon: *Dr Charles Greenidge*
Pathologist: *Dr Stephen King*
- 12:00 pm **LUNCH**
- 1:00 pm **A Case Of Headache And Psychosis**
Clinical Discussant: *Dr Eloy Asanza Castillo*
Internist: *Dr Chris Nathaniel*
Pathologist: *Dr Stephen King*
- 2:00 pm **What's ETHICS Got To Do With It?**
Dr Michael Campbell (UWI)
- 2:45 pm **Closing Remarks**

Welcome Message From the President, St. Lucia Medical and Dental Association

Dear Colleagues

On behalf of the St. Lucia Medical and Dental Association it is an honour to welcome you to the 6th annual SLMDA/UWI Conference.

The theme of our conference this year is "Clinico-Pathological Conference; Evidence Based Guidelines for Common Pathologies". As healthcare providers we are often faced with diagnosis dilemmas and challenges. This conference addresses some of these problems and seeks to reinforce our methodological approach when facing them.

We are proud to have this group of presenters from varying medical specialties over the next two days who have decided to share with us some of the knowledge gained from their experiences. We thank them for dedicating this time to us.

Many thanks go out to UWI who has continued to support the association in its effort to provide continuing education to persons of the medical fraternity. We also thank our Sponsors for their support in this endeavour.

I would like to thank the Executive of the association and other organizers for their contribution to the success of this conference. They have had the task of working extra hard in my absence.

To all who have decided to participate we thank you for your support and hope that this conference challenges you in your thinking and reasoning as a healthcare provider.

For those who have travelled from abroad to be here with us we hope you have a pleasant stay in St. Lucia and are able to enjoy all that our beautiful island has to offer and we wish you a safe trip back.

Thank you again to all who have made this possible.

Segun Tobias
President
S.L.M.D.A

Greetings from the University of the West Indies, Faculty of Medical Sciences, Barbados

Dear Colleagues:

Once again the SLMDA and UWI present our annual Fall CME Program...Join your colleagues from St. Lucia and Barbados in what promises to be a valuable exercise in case-based learning.

The program is sure to please...and offers valuable insight into team-based medicine. Specialists in Medicine, Psychiatry, Internal Medicine, Pediatrics and others present cases with commentaries from colleagues and interactive panel discussions. The experts tell us that this is optimal learning....and not just another CME Conference.

This year, Dr. Mike Campbell stands in for me to lead the capstone session on Sunday...."*What Does Ethics Have To Do With It*"....

Enjoy!

Priscilla Richardson, BA, MA, M.Ed., Ed.D.
Director of Medical Education and CME
The University of the West Indies
Cave Hill Campus, Barbados

ABSTRACTS

A Case of Dizziness - Nasopharyngeal Carcinoma

Clinical Discussant: *Dr Leonard Surage ENT Specialist*

Internist: *Dr. Chris Nathaniel*

Pathologist: *Dr. Stephen King*

BIOGRAPHY

Dr Leonard Surage obtained Basic Medical Education (MB.BS.) UWI, Jamaica (University Hospital) and Barbados (QEH). Postgraduate Training in Scotland (Edinburgh and Glasgow), UK. Graduate FRCS ENT (Glas). 1991. Returned to St. Lucia, August 1992.

He has chaired many organizations, including: St. Lucia Planned Parenthood Association, St. Lucia Medical and Dental Association and the Tapion Hospital Board of Directors.

He has served on several other Boards/Committees, including: St. Jude Hospital Management Board,

St. Lucia Medical and Dental Council and the Accreditation Committee for Medical Schools. Founding member of the Caribbean Association of Otolaryngologists' (CAO).

He is still active in many of these positions.

Nasopharyngeal Carcinoma (NPC) is a tumour arising from the epithelial lining of the nasopharynx. Symptoms related to the primary tumour include, trismus, pain, otitis media with effusion, nasal regurgitation, hearing loss, cranial nerve palsies, epistaxis, or even dizziness. Large tumours can produce nasal obstruction, and a hypernasal voice. In this part of the world and sometimes nonspecific presentation, a high index of suspicion is required to pick these tumours early.

“Too Much, Too Little, But Not Too Late..”

Clinical Discussant: *Dr Michele Lashley, PAEDIATRICIAN*

Internist: *Dr Martin Didier*

BIOGRAPHY

Dr Paula Michele Lashley is Lecturer in Child health, UWI-Barbados

Consultant Paediatrician, QEH/ Private Practice since 1994

MBBS-UWI 1985; DM Pediatrics 1991

Phase 2 Curriculum Coordinator – Faculty of Medical Sciences, Cave Hill

Medical Council Barbados- Deputy Chair

Pediatric Department Representative - Hospital Drug and Therapeutics Committee

Hospital Specially Authorized Drug Committee - Deputy Chair

Medical Council Representative to Hospital Ethics Committee - QEH

This is a case of a 7 year old female who was referred from Guyana for treatment of a cardiovascular disorder who developed an unexpected complication during the course of routine treatment. Fortunately she was treated expediently and effectively and recovered completely to return to Guyana 2 months later.

Viral Encephalitis?

Clinical Discussant: *Dr Maisha Emmanuel, Psychiatrist*

BIOGRAPHY

Dr. Emmanuel is Lecturer in Psychiatry, UWI - Barbados and Consultant Psychiatrist, Queen Elizabeth Hospital. She graduated from Cave Hill, UWI with an MBBS 1997 and a DM in Psychiatry and an MSc in Forensic Mental Health 2006.

CASE SUMMARY 1

A 16 yr old male presented with a one week history of fever, cough and joint pains. He later developed changes in his mental state including 'talking idle, disinhibition and aggression.

CASE SUMMARY 2

An 11 year old girl presented with generalised and partial seizures. She was treated and discharged from hospital. One month later she re-presented with a history of fever, strange behaviour and seizures.

CASE SUMMARY 3

A 21 year old male presented with delusional thoughts, excessive somnolence and agitation.

Why Amputate? A Look At Guidelines In Cardio-Vascular Disease

Clinical Discussant: *Dr Charles Greenidge, General Surgeon*

BIOGRAPHY

Charles Greenidge MBBS (UWI), FRCS (Ed, Glas), FCCS attained his medical degree from the University of the West Indies. His surgical training started at Queen Elizabeth Hospital, Barbados and later Glasgow, Scotland. He has been practicing general and vascular surgery in St Lucia since 1995.

Vascular disease though often first seen in the legs is a condition that affects the entire cardio-vascular system. PAD therefore should be taken as an opportunity to address the patient and not simply the legs. This presentation uses an actual case to review the current guidelines concerning cardiovascular disease.

All Miscarriages Are Not Created Equally

Clinical Discussant: *Dr. Christine Parris OBGYN*

Oncologist: *Dr Owen Gabriel*

Pathologist: *Dr Stephen King*

BIOGRAPHY

Dr. Christine N. Parris BSc. (McGill); M.B.B.S. (U.W.I.); D.M. O & G (U.W.I.); M.A.C.O.G.

Consultant Obstetrician and Gynaecologist.

A graduate of the University of the West Indies Faculty of Medicine, where she also completed her specialization in Obstetrics and Gynaecology. She is a member of to the American College of Obstetrics and Gynaecology and the American Society for Colposcopy and Cervical Pathology.

She relocated to Saint Lucia in 2004 to join the Public Service at the Victoria Hospital. She is a member of the Saint Lucia Cancer Society and serves the Ministries of Health and Ministry of Education giving lectures and workshops, particularly in the areas of cancer awareness, cancer screening and Midwifery.

After her third spontaneous loss, what are the factors to be taken into account in the management of a patient who has decided that conventional medicine is not the best course of management for this "sign from God".

To Be Or Not To Be....Recurrent Malignancy Or Second Primary?

Clinical Discussant: *Dr Owen Gabriel Oncologist*

General Surgeon: *Dr Charles Greenidge*

Pathologist: *Dr Stephen King*

BIOGRAPHY

Owen O. Gabriel MD, DM(Oncol) - Consultant Clinical Oncologist at Victoria Hospital in Saint Lucia since 2004. Visiting Oncologist at the St. Jude's Hospital and Tapion Hospital. National Cancer Control Coordinator in the Ministry of Health - Saint Lucia. National Coordinator Cervical Cancer Prevention Program for Saint Lucia. Vice-President Saint Lucia Cancer Society.

Graduated from the Carlos J Finlay Institute of Medicine - Camaguey, Cuba. Completed Clinical Oncology at National Institute of Oncology and Radiobiology (INOR) in Havana, Cuba. Area of research is Cancer Control Programs for developing countries. Published "Strategies for Cancer Control in Saint Lucia" in the Revista Cubana de Oncologia. Coordinated the development of the National Guidelines for Diagnosis and Treatment of Cervical, Endometrial, Ovarian and Breast cancers. Author of "Food - borne Illnesses" in Saint Lucia and Grenada presented at the 2009 CHRC.

Marked improvements in cancer treatment in recent decades have resulted in increased survival, however, longevity in cancer survivors puts them at risk for recurrence of the initial cancers or a second primary tumour. Second primary cancers (SPC) are defined as new primary cancers which have developed in a new site or tissue, in a person with a history of cancer, subsequent to the initial cancer. This has been most often seen in cases of childhood cancers, however, recent data suggests that there may be risks and linkages between these primaries which may modify the focus of our practice in managing the first primary.

A Case Of Headache And Psychosis

Clinical Discussant: *Dr Eloy Asanza Castillo*

Internist: *Dr. Chris Nathaniel*

Pathologist: *Dr. Stephen King*

This is a case of a 31 year old female with a history of headaches dating back to her secondary school days. She has no history of mental illness or drug abuse. She had been seen by several doctors both in saint Lucia and Canada . She also presented with some psychiatric symptom and at post mortem she was found to have a brain tumour.

What's ETHICS Got To Do With It?

Dr Michael Campbell (UWI)

BIOGRAPHY

Dr. Campbell is Lecturer in Behavioural Science/Psychology in the Faculty of Medical Sciences at UWI--Cave Hill. He did his doctoral work at University of Florida, earning a PhD in Counseling Psychology in 1998. He is registered to practice in Barbados and Florida. Mike currently chairs the research ethics committee for UWI--Cave Hill and the Barbados Ministry of Health. He is Vice-President of the Barbados Association of Psychologists and a member of the American Psychological Association, the Bioethics Society of the English Speaking Caribbean, the Interamerican Society of Psychology, and Phi Beta Kappa.

Dr. Campbell will lead discussions on the ethical dilemmas involved in the cases presented.

